

**LMYC**  
**NCYC**  
**ADDITIONAL SAILING INSTRUCTIONS**

**SATURDAY 28 JANUARY 2012**

**COMBINED OFFSHORE POINTSCORE No 3**

**INCORPORATING FRIENDSHIP CUP & AUSTRALIA  
DAY TROPHY**

These Instructions are to be read in conjunction with Combined Offshore Sailing Instructions 2011/ 2012.

**1. COURSE:**

**1.1** The Course to be sailed will be a short ocean course. See Appendix A for NCYC Short Ocean Courses AND Appendix B for NCYC Course Map.

**2. START TIME:**

**2.1** The Start Time is 1-30pm.

**3. STARTING SIGNALS AND PROCEDURES:**

**3.1** The RRS starting system shall apply. This changes COP SI 2011/ 2012 Recalls 8.1 and 8.2.

**3.2** Race entrants shall confirm to the Race Officer at the start line its intention to sail, its crew number aboard and any changes to its Top Yacht or LMYC crew list no later than the warning signal.

**4 START/ FINISH LINE:**

**4.1** The Start / Finish Line is a line from the mast carrying the NCYC Burgee onshore, Scratchleys Restaurant Newcastle Harbour vicinity and the East Cardinal Mark, Dyke Point vicinity opposite.

**5. MARKS AND COURSE:**

**5.1** NCYC marks are large orange inflatable buoys approximately one (1) metre in diameter.

**5.2** A large yellow spherical buoy of the same dimensions will be used for course alteration.

**5.3** The position of the first mark will be a bearing and distance from the harbour entrance PLM0 given by the CV prior to the Warning Signal. All other mark positions will be given by the CV.

**5.4** Course mark M1 will be positioned either upwind or downwind of the previous mark of the course at a distance judged by the race officials to allow for a satisfactory race.

**5.5** In the event that a mark has moved or is missing RRS 34 will apply. Alternatively, yachts must sail to the position as advised by race officials via VHF.

## **6. CHANGING THE NEXT LEG OF THE COURSE**

**6.1** RRS will apply.

## **7. RACE CONDITIONS**

**7.1** A motor may be used to keep out of the way of commercial shipping. As long as no advantage is taken, no penalty shall be imposed. RRS 42.3(h).

## **8. RACE COMMUNICATION**

**8.1** All boats shall monitor VHF channel 16 for the duration of the race.

**8.2** The RO at the start line will call the fleet on channel 16 and direct the fleet to go to a nominated VHF race communication channel approximately 25 minutes before the Warning Signal.

## **9. RACE TIME LIMIT**

**9.1** The Time Limit for the race is 4.5 hours. COP SIs 9.1

## **SUPPLEMENTARY INFORMATION:**

### **1. BERTHING:**

NCYC offers free berthing to COP3 Race entrants on the 27 and 28 January 2012, PLEASE BOOK WITH NCYC DOCKMASTER.

### **2. MEALS:**

After race snacks are available from the club kitchen.

Dinner is from 6-00 till 9pm.

Breakfast at NCYC is available Sunday Morning.

### **3. RACE RESULTS AND PRIZES**

The Race results will be announced at the After Race Gathering at NCYC where the Friendship Cup and Australia Day Trophies and Prizes will be presented.

## **APPENDIX A**

### **SHORT OCEAN COURSES SAFETY CATEGORY 4**

#### **Course No 1**

START—NM (**Starboard**) - M1 (**Port**) - SG (**Port**) - M1(**Port**) - SG (**Port**) – FINISH

#### **Course No 2**

START—SG (**S**) - M1 (**S**) - SG (**S**) - M1 (**S**) - SG (**P**) - FINISH

#### **Course No 3**

START—NM (**S**) - M1(**P**) - NM (**P**) - M1 (**P**) - NM (**P**) - FINISH

#### **Course No 4**

START—WM (**S**) - M1(**P**) - WM (**P**) - M1(**P**) - FINISH

#### **Course No 6**

START—IDM (**S**) - ECM (**S**) - IDM (**S**) - FINISH

#### **Course No 7**

START—IDM (**S**) - FINISH (Queen's Wharf Finish Line)

#### **Course No 8 Harbour Course**

START—PLM2 (**S**) - PLM4 (**S**) - ECM (**S**) - SLM13 (**P**) - ECM (**P**) - PLM2 (**P**) – FINISH

#### **MARK DESCRIPTIONS– (approximate)**

M1– Mark 1  
Spoil Ground - SG  
Nobbys Mark - NM  
Wreck Mark – WM  
Isolated Danger Mark – IDM 32 53.8 S 151 51.0 E  
Moon Island Mark 33 04.8 S 151 40.3 E  
IDM – Isolated Danger Mark (Aus Chart 207)  
PLM 0 – Port Lateral Mark (Aus Chart 208)  
PLM 6— Port Lateral Mark 6 (Aus Chart 208)  
SLM 5 – Starboard Lateral Mark 5 (Aus Chart 208)  
ECM — East Cardinal Mark (VQ) (Dyke Mark) (AUS Chart 208)

#### **STARTING RACES**

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

#### **RRS 26 Signal Flag and Sound Minutes before starting signal**

Warning Class flag W; 1 sound 5 Minutes.

Preparatory P,I,Z,Z with I, or black flag; 1 sound 4 Minutes.

One-minute Preparatory flag removed; 1 long sound 1 Minute.  
Starting Class flag W removed; 1 sound

## **Appendix B COURSE MAP**

