

SheSails @NCYC Open Regatta

Join us for the fifth edition of the She Sails Open Regatta – designed to promote and develop women’s sailing by providing female sailors with an enjoyable and high standard “around the buoys” inshore racing experience with teams from across the country invited to attend.

Racing will be fleet race which will include a mix of fast-paced, short course windward leeward racing and some passage racing.

The Club is excited to welcome teams to Newcastle – where the SheSAILS campaign began!



27TH – 28TH NOVEMBER 2021

Newcastle Cruising Yacht Club
Organising Authority (OA)



**NEWCASTLE CRUISING
YACHT CLUB**

SAILING INSTRUCTIONS

1 RULES

1.1 The event will be conducted by:

- a) The rules, as defined in the current Racing Rules of Sailing (RRS) of World Sailing;
- b) The Prescriptions, Amendments and Special Regulations of Australian Sailing; and
- c) This Race Document, except in the event of a conflict with the Notice of Race in which case these Sailing Instructions will take precedence.
- d) The Elliott 6 User Agreement, available on the Event Webpage.
- e) Appendix T will apply. If a competitor wishes to accept a penalty under Arbitration, she may accept a scoring penalty of 2 points per incident.
- f) The RRS are changed so that:
 - i) The first sentence of RRS 44.1 is replaced with: 'A boat may take a voluntary One-Turn Penalty when she has broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or RRS 31 while racing.
 - ii) RRS 64.1 is amended in that the penalty for breaking RRS 14 when damage results will be at the discretion of the Protest Committee and may include exclusion from further races in the regatta.
 - iii) a boat intending to protest must notify the 'protestee' by hailing and displaying a red flag at the earliest opportunity and must inform the Race Committee as it finishes the race in which an incident has occurred.
 - iv) a member of the Race Committee may be a member of the Protest Committee.
 - v) the Protest Committee may take evidence in any way it considers appropriate and may communicate its decision orally

2 DAMAGE LIABILITY

- 2.1 The damage liability is \$1000 (inc. GST) per incident and any charge shall be invoiced to the team's nominated skipper.
- 2.2 The damage liability is the limit of liability of each skipper for each single incident. However, if the damage is between two boats where both boats are damaged, the skipper who has been penalised may be liable to pay the damage deposit for both boats (as instructed by the OA).
- 2.3 In the event that a participant is liable for damage, NCYC may require that the amount be paid in full before the skipper/team will be permitted to continue in the event.

3 COMMUNICATION WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the event webpage – <https://www.ncyc.net.au/inshore-racing/she-sails-open-regatta/>
- 3.2 Signals made ashore will be displayed from the flagstaff located on top of the floating shed on F-arm of the marina.
- 3.3 Competitors shall attend the briefing which will be at 0845hrs each raceday in the NCYC Clubhouse unless excused by the OA.
- 3.4 When flag AP is displayed ashore, no boats will leave the dock. The first warning signal shall not be less than 30 minutes after flag AP is removed ashore. This changes RRS 26 Race Signals.
- 3.5 When flag D is displayed, the use of spinnakers is prohibited.
- 3.6 Handheld VHF Radios may be provided onboard each yacht. If provided, these radios should be locked on the Race Frequency at full volume to allow effective communication from the Race Management Team to competitors.

4 SUPPLIED YACHTS

- 4.1 The event will be sailed in Elliott 6 class yachts.
- 4.2 The sails to be used will be allocated by the Race Committee.
- 4.3 Competitors shall not alter, reposition, or add to the standard sailing equipment as supplied by NCYC in accordance with the Elliott 6 User Agreement.
- 4.4 A red flag will be supplied to be displayed when initiating a protest.
- 4.5.1 A green flag will be supplied to be displayed when indicating that attention is required. This may be to indicate that a repair is required, or to identify your boat more clearly when first aid and emergency attention is required. Note that when displaying a green flag, it is still the responsibility of the team to hail a Race Committee vessel.
- 4.5.2 If a team is changed onto a boat and identifies outstanding damage, the team must make the Race Committee aware of this prior to the Preparatory Signal if they require additional time to effect repairs or to replace with spare parts.

5 IDENTIFICATION & ASSIGNMENT OF BOATS

- 5.1 Boats will be identified by the Sail Number
- 5.2 Sail Numbers (A, B, C, etc) will be assigned at Registration. Sail Numbers will be printed on Velcro patches that teams will attach to the forward end of the mainsail of the boat they are assigned. The team will carry this sail number with them when they board/disembark the race yachts.
- 5.3 Boats will be assigned in the Racing Schedule provided at Registration.

6 SCHEDULE OF EVENTS

- 6.1 The schedule is as follows:

Friday, 26 th November 2021 <i>(optional)</i>	1:00pm – 3:00pm	Optional training session (bookings required via event webpage)
	5:00pm – 6:00pm	Early Registration – all competitors must register
	From 6:00pm	Welcome 'Bubbles' in the NCYC Clubhouse <i>(at own expense)</i>
Saturday, 27 th November 2021	8:00am – 8:45am	Registration – all competitors must register
	8:45am	Competitor Briefing
	10:30am	First Warning Signal
	ASAP After Racing	'Bubbles & Nibbles' in the NCYC Clubhouse <i>(provided)</i>
Sunday, 28 th November 2021	8:45am	Competitor Briefing
	10:00am	First Warning Signal
	3:30pm	Latest Possible Warning Signal
	ASAP After Racing	'Bubbles & Nibbles' and Prizegiving Ceremony in the NCYC Clubhouse <i>(provided)</i>


***Note – the OA may change this schedule at any time.**

7 RACING AREA

- 7.1 The intended racing area will be in the vicinity of Honeysuckle Hotel, in the Basin of Newcastle Harbour.
- 7.2 The Newcastle Cruising Yacht Club reminds competitors to make their intentions clear and avoid a collision when sailing in the vicinity of other marine and commercial traffic. this includes Tug Boats, Fishing Trawlers and recreational boaters.

9 COURSE #1 – Passage Race


- 9.1 Rounding Marks will be green inflatable buoys.
- 9.2 The Start/Finish Mark will be a black & white check inflatable buoy.
- 9.3 The shaded area indicates the main shipping channel and no competitor is permitted to enter the main shipping channel (indicated by the navigational marks lining the harbour). All competitors must remain outside to the south of the main shipping channel as pictured below.
- 9.4 The course descriptions are:

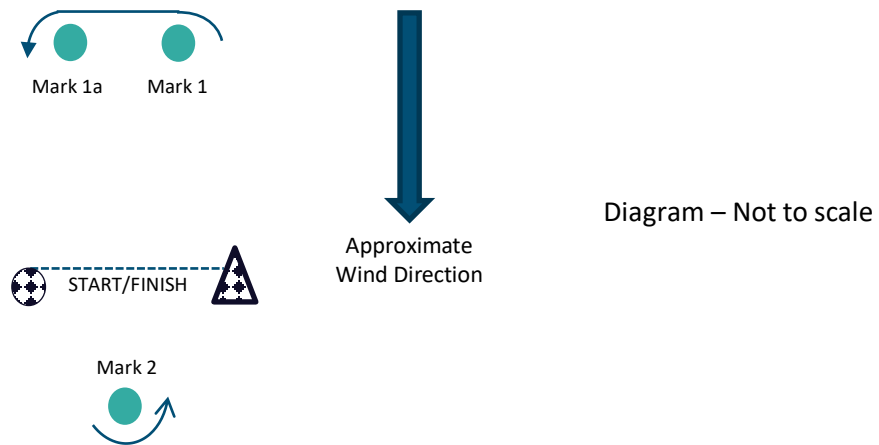
COURSE CONFIGURATION <i>(all Marks rounded to PORT)</i>	
Numeral Pennant 1	Start – Mark 1 – Mark 2 – Finish
	



10 COURSE #2 – Windward Leeward

- 10.1 Marks 1, 1a and 2 shall be rounded to port.
- 10.2 Marks 1, 1a and 2 will be green inflatable buoys.
- 10.3 The Start/Finish Mark will be a black & white check inflatable buoy.
- 10.4 The course descriptions are:

COURSE CONFIGURATION <i>(all Marks rounded to PORT)</i>	
 Numeral Pennant 2	<i>Start – Mark 1 – Mark 1a – Mark 2 – Mark 1 – Mark 1a – Mark 2 – Finish</i>



11 THE START

- 11.1 The starting line will be a straight line between the port end Mark and an orange flag on the Race Committee vessel.
- 11.2 Start signals will be made in accordance with RRS 26.
- 11.3 The Class Flag will be International Code Flag “F”.
- 11.4 A boat shall start not later than 5 minutes after her start signal.

12 THE FINISH

- 12.1 The starting/finishing line will be a straight line between the port end Mark and a Blue Flag on the Race Committee Vessel.

13 TIME LIMIT

- 13.1 The Finishing Window will be 10 minutes, that is, within ten minutes of the first boat to finish.
- 13.2 Boats not finishing within the time limit shall be scored Did Not Finish without a hearing (amends RRS 35).

14 PENALTIES

- 14.1 A protest may be initiated by a competitor hailing “Protest!” and displaying a red flag at the earliest opportunity.
- 14.2 RRS 44.2 is changed so that only one turn, including one tack and one gybe, is required to exonerate a penalty.

15 SCORING & RACE FORMAT

15.1

Day 1	Qualifying Series x3 windward leeward races x1 passage race -----lunch break at Honeysuckle----- x3 windward leeward races x1 passage race
Day 2	Finals Series The fleet will be split up into gold and silver fleets. Competitors will carry points equal to their overall place in the Round Robin, with the top placed boat in each fleet carrying 1pt, the second placed boat in each fleet carrying 2pts, and so on. Silver Fleet – X2 windward leeward races Gold Fleet – X2 windward leeward races Silver Fleet – X2 windward leeward races Gold Fleet – X2 windward leeward races

- 15.2 The OA may change this schedule at any time.
- 15.3 The Low Point Scoring System of Appendix A4.2 of the RRS will apply.
- 15.4 Subsequent races will be started as soon as practical after the preceding race.
- 15.5 No drops will apply.

16 MEDIA RIGHTS AND RESTRICTIONS

- 16.1 The conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast, for any purpose and in any media, photographs and video and audio recordings taken of boats and competitors during the event.

17 PRIZES

- 17.1 Prizes will be awarded to 1st, 2nd and 3rd overall for the She Sails Open Regatta
- 17.2 Prizes will be awarded to the winning team of the Silver Fleet.
- 17.3 Additional prizes may be awarded at the discretion of the OA.
- 17.4 The Prizegiving Ceremony will take place in the NCYC Clubhouse following racing.

18 DISCLAIMER

All those participating in the event do so at their own risk and responsibility. Competitors must acknowledge this prior to competing and release the OA and its sponsors and their respective officers, employees, volunteers and members from all liability by signing a form provided by the OA.

Specific attention is drawn to RRS Fundamental Rule 4, which states:

“The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”