

Newcastle Cruising Yacht Club



Sailing Academy

COVID-19 Participant Health & Safety Guidelines

The following COVID-19 Participant Health & Safety Guidelines apply to all Sailing Academy activities conducted at the Newcastle Cruising Yacht Club in Wickham and at the Bay Sailing Centre at Soldiers Point.

Newcastle Cruising Yacht Club (NCYC) is committed to strictly adhering to the current COVID-19 Public Health Orders and managing risks to staff and participants. The Sailing Academy is a registered COVID Safe Business with NSW Health.



We ask that all participants and parents abide by the following guidelines to ensure we can remain operational for the benefit of all. We thank you for your cooperation in respecting and adhering to these guidelines.

1. Please respect the health & safety of others participating in Sailing Academy courses and activities and **do not attend the sailing session if:**
 - a. A participant is **feeling unwell** or experiencing any flu-like symptoms (including but not limited to coughs, running nose, sore throat, shortness of breath).
 - b. A participant or immediate family member has tested **positive to COVID-19** within the 14 days prior to the sailing session.
 - c. A participant has been identified as a **close contact** of a person diagnosed with COVID-19 within the 14 days prior to the sailing session.
2. All participants are requested to stay up to date with and comply with all **NSW Health COVID-19 Rules**, particularly in relation to testing and isolations requirements.
<https://www.nsw.gov.au/covid-19/stay-safe/rules>
3. Participants and staff are encouraged to sign in when entering the marina with the **QR Code** located at the marina gate.
4. **Masks** are not required in an outdoor setting, however participants are welcome to wear a face mask in situations where physical distancing cannot be observed, such as on-water in crewed boats.
5. Mask are required in indoor settings such as the Academy Barge or within the clubhouse.
6. To assist in reducing crowding, participants only are to access the marina, sailing equipment and Sailing Academy barge. Parents, siblings, friends are not to access Sailing Academy facilities unless directed by an instructor and the QR Sign In has been completed.
7. Participants, please ensure you and any parents/siblings/non-participants take note of, read and comply with the COVID-19 specific information located around the club house, marina and Academy facilities through way of signs, posters and markers.
8. All participants are encouraged to use the hand sanitiser provided at the marina gate before

entering the marina. Participants may bring their own small container of hand sanitiser for personal use when needed.

9. Participants should avoid all unnecessary physical contact between each other and with instructors.
10. Participants should bring their own drink bottles and towels and not share such items between participants.
11. Change rooms and bathrooms are available within the clubhouse. If used, please reduce crowding, and maintain physical distancing. You will need to use the QR Code for the clubhouse to use these facilities.

We thank you for your co-operation.

ISSUED: 27th December 2021