

Newcastle Cruising Yacht Club

Sailing Academy

COVID-19 Participant Health & Safety Guidelines



The following COVID-19 Participant Health & Safety Guidelines apply to all Sailing Academy activities conducted at the Newcastle Cruising Yacht Club in Wickham and at the Bay Sailing Centre at Soldiers Point.

Newcastle Cruising Yacht Club (NCYC) is committed to strictly adhering to the current COVID-19 Public Health Orders and managing potential risks to staff and participants. The Sailing Academy is a registered COVID Safe Business with NSW Health.



We ask that all participants and parents abide by the following guidelines to ensure we can remain operational for the benefit of all. We thank you for your cooperation in respecting and adhering to these guidelines.

1. Please respect the health & safety of others participating in Sailing Academy courses and activities and **do not attend the sailing session if:**
 - a. A participant is **feeling unwell** or experiencing any flu-like symptoms (including but not limited to coughs, runny nose, sore throat, shortness of breath).
 - b. A participant or immediate family member/household contact has **tested positive** to COVID-19 within the 7 days prior to the sailing session.
 - c. A participant has been identified as a **close contact** of a person diagnosed with COVID-19 within the 7 days prior to the sailing session.
2. All participants are requested to stay up to date with and comply with all **NSW Health COVID-19 Rules**, particularly in relation to testing and isolation requirements.
3. All Participants are asked to sign in when entering the marina, either with the **QR Code** located at the marina gate or on the Sign In sheet provided by your instructor.
4. Further contact tracing and communication with participants are facilitated through the RevSPORT course registration portal. All participants must include their latest contact details when registering onto a course or activity.
5. **Masks** are not required in outdoor settings however, participants are welcome to wear a face mask in situations where physical distancing cannot be observed, such as on-water in crewed boats.
6. Masks are required in indoor settings within the Clubhouse.
7. To assist in reducing crowding, participants only are to access the marina, sailing equipment and Sailing Academy barge. Parents, siblings, friends are not to access Sailing Academy facilities unless directed by an instructor and the QR Sign in has been completed.
8. At the marina gate/drop-off zone, we ask parents/non-participants to comply with physical distance requirements. People from the same household are not required to distance.

9. Participants should avoid all unnecessary physical contact between each other and with instructors.
10. Participants, please ensure you and any parents/non-participants take note of, read and comply with the COVID-19 specific information located around the club house, marina and Academy facilities through way of signs, posters and markers.
11. All participants are encouraged to use the hand sanitiser provided at the marina gate before entering the marina. Participants may bring their own small container of hand sanitiser for personal use when needed.
12. Participants should bring their own drink bottles and towels and not share such items between participants.
13. Change rooms and bathrooms are available within the clubhouse. If used, please reduce crowding, and maintain physical distancing. You will need to use the QR Code for the clubhouse to use these facilities.

We thank you for your co-operation

ISSUED: 10th January 2022