

NCYC Green Fleet

Spring & Summer Series 2023 - 24

The Green Fleet program is open to sailors aged around 8 to 13 years, who are keen to progress their sailing skills through participating in either or both the Spring and Summer Series.

The sailing series aim to bring together graduates of the Tackers learn-to-sail program and support their transition into the racing environment and provide ongoing development for young sailors to progress to sailing an O'Pen Skiff . . . all whilst creating friendships and comraderie to ensure that all participant's sailing experiences are fun and rewarding.

Racing will be fleet racing format with up to five short races each Sunday to help develop the skills of all sailors. The format focuses on building skills and confidence in boat handling, mark rounding and rules knowledge.

Support will be provided through a pre-race & post-race briefing each week as well as an on-water coach.



Newcastle Cruising Yacht Club

<https://www.ncyc.net.au/inshore-racing/#green-fleet>



**NOTICE
OF RACE**

**SAILING
INSTRUCTIONS**

INTRODUCTION

Green Fleet Racing is an important next step in the Tackers Learn-to-Sail program as it contributes significantly to the **skill-development** of sailors and allows them to **improve their independence**, both on and off the water. The program also offers the next-step to progress dinghy sailing skills into a different junior racing dinghy – the O’Pen Skiff.

The program also allows **parents to become engaged with their child’s sailing** whereby they can assist their sailor(s) with rigging & preparation and unrigging & pack-up at the end of the day’s activities. The **sailors are now responsible for their boats**, it is no longer the instructor or coach’s job to get the boats ready or pack them away! Boat & equipment preparation is an important skill for a racing or cruising sailor.

The aim of the on-water sailing program is to facilitate Green Fleet sailors’ exposure to around-the-buoys racing, in an environment that is not overwhelming for them. Each week a **pre-race briefing** will be held and will cover a **focus topic** for that week’s sailing activity. The Coach will make sure all sailors understand the course to be sailed and when their start(s) will happen. This briefing is also a great opportunity for the **sailors to ask questions** or gain clarification on the detail of any of the skills and knowledge they are developing. Their coach will be on the water providing support and coaching them through the course, **maximising their learning and development**.

After each sailing session a **post-race debrief** will be held to review the day’s activities and see how things went with the session’s focus-topic. A **“Boat of the Day” certificate** will be awarded by the NCYC Coach. This may be awarded for getting around the course without capsizing, for getting a great start, for most race wins, for showing great sportsmanship or for sailing correctly around the course!

Green Fleet is a fun next step in becoming a life-long sailor!

ORGANISING AUTHORITY

1.1 The Organizing Authority (OA) is the Newcastle Cruising Yacht Club (NCYC).

1. RULES

- 1.1 The series will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The World Sailing *Introductory Rules of Sailing* will apply, as shown in Attachment 1
- 1.3 On-water coaching by NCYC appointed personnel for all Green Fleet sailors is permitted.

2. ELIGIBILITY & ENTRY

- 2.1 The series is open to all NCYC Junior Members
- 2.2 All competitors shall comply with rule 46 (sign on & off each day)
- 2.3 Entry to the series shall be lodged with the NCYC Sailing Academy by registering online via the RevSport system and acknowledging the Risk Warning and Parent Consent:
Tackers Green Fleet Registration: *(First Time Green Fleet Competitors sailing in the OziOptis)*
 - 2.3.1 Spring Series: <https://www.revolutionise.com.au/ncyc/events/192661/>
 - 2.3.2 Summer Series: <https://www.revolutionise.com.au/ncyc/events/192697/>O’Pen Skiff Registration: *(Progressing Green Fleet Competitors)*
 - 2.3.3 Spring Series: <https://www.revolutionise.com.au/ncyc/events/192701/>
 - 2.3.4 Summer Series: <https://www.revolutionise.com.au/ncyc/events/192703/>
- 2.4 There is no entry cut-off date; competitors may enter a series mid-season if places are still available.

3. FEES

- 3.1 The entry fee for each Series is \$220.

4. VENUE & RACING AREA

- 4.1 The venue is Newcastle Cruising Yacht Club’s, Sailing Centre of Excellence at Carrington, with racing on Throsby Creek and Newcastle Harbour.
- 4.2 Rigging & launching will take place from the Sailing Centre of Excellence’s pontoon.

- 4.3 The Racing area will be either Area A, B, C or D as per Attachment 2, depending upon the scheduled activity and the wind direction. The racing area will be advised at the daily pre-race briefing.

NCYC's Sailing Centre of Excellence Location



5. BOATS

- 5.1 Participants may enter with their own O'Pen Skiff.
- 5.2 16 Tackers OziOptis and six (6) O'Pen Skiffs will be available and supplied by the NCYC.
- 5.3 NCYC Boats will be allocated by the Coach based on a random draw.
- 5.4 All participants shall race the supplied boats exactly as provided without any modifications made.
- 5.5 Participants are expected to treat the supplied boats & equipment provided to them with the utmost respect and care. Any damage or malfunction must be reported to the NCYC Coach.
- 5.6 Supplied boats will be available to rig from 0900hrs on scheduled racing days.

6. SCHEDULE

- 6.1 The schedule of races is as per the Green Fleet Sailing Program Attachment 4
- 6.2 There will be a Spring Series and a Summer Series.
- 6.3 Up to five (5) races, back-to-back, may be sailed on a Pointscore Racing day.
- 6.4 Longer passage/navigation races, slalom races or mini regattas may be sailed on the nominated dates.
- 6.5 Racing will commence at 10:00am (The first Warning Signal shall be 1000hrs).
- 6.6 Subsequent races will be started as soon as practicable after the completion of the previous race.
- 6.7 Sailing activities will be held in all weather conditions. If it is unsafe or unsuitable to go on-water on any particular day, alternate marine activities or shore-based learning sessions will be held.

7. SAFETY REGULATIONS

- 7.1 All skippers shall SIGN ON before racing and SIGN OFF at the earliest possible time after coming ashore. This complies with RRS 46.
- 7.2 The skipper of a boat that retires or does not intend to continue racing is required to SIGN OFF immediately on return to shore.
- 7.3 The Sign On/Sign Off sheets will be located in the Sailing shed, in the rigging area or with the NCYC Coach.
- 7.4 All sailors are required to wear a correctly fitting lifejacket at all times whilst afloat unless directed by the NCYC Coach or Race Official.

8. CHANGES TO THE SAILING INSTRUCTIONS

- 8.1 Any changes to the Sailing Instructions shall be posted on the door of the Sailing shed and emailed to participants.
- 8.2 Instructions may also be communicated verbally on-water by the NCYC Coach.

9. CLASS FLAG

9.1 The Tackers Green Fleet class flag shall be a Pink flag.



9.2 The O'Pen Skiff Green Fleet class flag will be the National Bic Association class flag.



10. THE START

- 10.1 The starting line will be between a pole displaying an orange flag on the Start Boat at the starboard end and the port-end starting mark.
- 10.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a Warning Signal is made.
- 10.3 The starting sequence (of flags) is described in Attachment 3
- 10.4 Fleets maybe started in any order. Participants should look for the hoist of their Class Flag.

11. MARKS

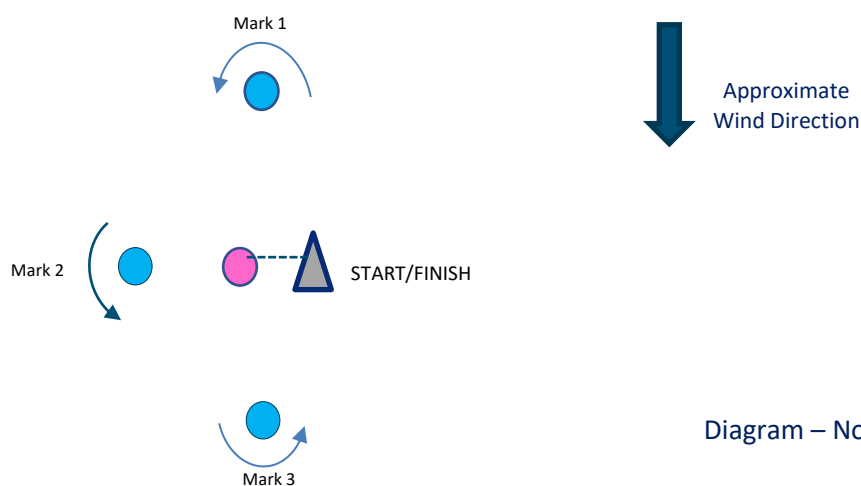
11.1 The marks (buoys) to be used are described below:

MARK	DESCRIPTION
Course Marks – 1, 2 & 3	Round blue balls
Start & Finish Mark	Round pink ball

12. COURSES

- 12.1 The courses to be sailed are described as follows:
- 12.2 To indicate which course is to be sailed, the Start Boat will display a board with the course code

CODE	COURSE
1	Start – 1 – 2 – 3 – Finish
2	Start – 1 – 3 – 1 – 3 - Finish
3	Start – 1 – 2 – 3 – 1 – 3 – Finish
4	Start – 1 – 2 – 3 – 1 - - 3 - 1 - 2 – 3 - Finish



13. SCORING

- 13.1 Up to five races will be conducted on a Pointscore Race Day. The worst race result from the day will be dropped from the calculations, and an overall daily place determined.
- 13.2 The daily results will carry through into an overall pointscore for the Spring or Summer Pointscore Series.
- 13.3 Novelty or navigational races do not count towards the pointscore series.

14. PRIZES

- 14.1 A certificate for "Boat of the Day" will be awarded each week as determined by the NCYC Coach.
- 14.2 A Spring Pointscore Trophy and Summer Pointscore Trophy will be awarded to the winner of each series.
- 14.3 Prizes for novelty races may be awarded from time to time.

15. DISCLAIMER OF LIABILITY

Competitors participate in the racing entirely at their own risk. The organising authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

Specific attention is drawn to RRS Fundamental Rule 4, which states:

"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

16. FURTHER INFORMATION

For further information please contact:

NCYC Sailing Office
02 4940 8188

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ATTACHMENT 1

INTRODUCTORY RULES OF SALING



Introductory Rules for Racing

Version 1.01 - February 2008

Some Explanations

Windward and Leeward: The *leeward* side of your boat is the side where your mainsail lies. The *windward* side is the other side.

Port and Starboard tack: You are on *port* or *starboard* tack according to your *windward* side.

Advisor: A person appointed by the race organizers to assist competitors in understanding the rules and, when appropriate, to penalize a boat.

Basic Rules

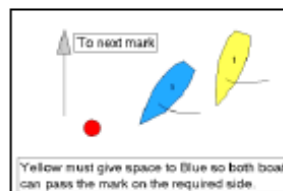
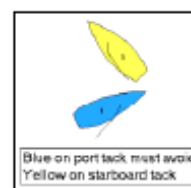
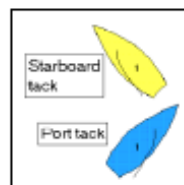
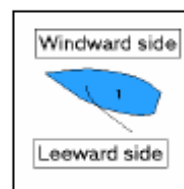
1. You must comply with the principles of good sportsmanship.
2. You must try not to collide with another boat.

Rules When Boats Meet

3. When you and the other boat are on opposite *tacks*, if you are on *port tack* you must avoid the boat on *starboard tack*.
4. When you and the other boat are on the same *tack*, you must avoid the other boat
 - (a) if she is in front of you, or
 - (b) if she is on your *leeward* side.
5. After starting, when you and the other boat approach a mark or an object that both boats need to avoid, and the other boat is between you and the mark or other object, you must give her sufficient space to pass it safely on the same side. However, when the boats are on opposite tacks at a windward mark, this rule does not apply.
6. When the other boat is required to avoid you, if you change course, you must give the other boat an adequate opportunity to avoid you.

Other Rules

7. At the starting signal you must be behind the starting line.
8. After the starting signal, you must sail the course described by the race organizers.
9. You must not touch a mark of the course.
10. If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the *advisor* after the race. The *advisor* may then add two points to the score of any boat that has broken a rule. If the offence is serious, the *advisor* may add extra points to the boat's score.

















ATTACHMENT 2
VENUE & RACING AREA



Main Harbour



ATTACHMENT 3
STARTING SEQUENCE

	FLAG		SOUND SIGNAL
5 minutes to start CLASS FLAG of fleet that is starting	 Tackers		
	 O'Pen Skiffs		
4 minutes to start "P" Flag			
1 minutes to start			
At start of fleet that is starting	 Tackers		
	 O'Pen Skiffs		

OTHER SIGNAL FLAGS

	FLAG	SOUND SIGNAL
Individual Recall "X" Flag		
General Recall "First Substitute"		
Postponement "Answering Pennant"		

ATTACHMENT 4
SCHEDULE OF RACES

Spring Racing Series 2023

Week	Date	Race	Information
1	Sunday 15 th October	Fun Races and Practice Starts!	Rigging & Launching from Carrington
2	Sunday 22 nd October	Pointscore Races	
3	Sunday 29 th October	Pointscore Races	
4	Sunday 5 th November	Pointscore Races	
5	Sunday 12 th November	Pointscore Races	
6	Sunday 19 th November	Pointscore Races	
7	Sunday 26 th November	Pointscore Races	
8	Sunday 3 rd December	Pointscore Races	
9	Sunday 10 th December	Slalom Race Day!	Christmas Party & Presentation after sailing

Summer Racing Series 2024

Week	Date	Race	Information
1	Sunday 4 th February	Fun Races and Practice Starts!	Rigging & Launching from Carrington
2	Sunday 11 th February	Pointscore Races	
3	Sunday 18 th February	Pointscore Races	
4	Sunday 25 th February	Pointscore Races	
5	Sunday 3 rd March	Pointscore Races	
6	Sunday 10 th March	Pointscore Races	
7	Sunday 17 th March	Pointscore Races	
8	Sunday 17 th March	Slalom Race Day!	End of Season BBQ & Presentation after sailing