



# SheSAILS@NCYC Open Regatta 30-31 August, 2025

## Notice of Race



NEWCASTLE CRUISING  
YACHT CLUB

Event Page



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Join us on the harbour for an action-packed weekend of sailing for the ninth annual SheSAILS@NCYC Open Regatta at Newcastle Cruising Yacht Club.

This annual event is designed to encourage and develop women's sailing by providing sailors with an enjoyable and high quality 'around the buoys' inshore racing experience with teams from across the country invited to attend.

## **1 ORGANISING AUTHORITY**

**1.1** The Organising Authority (OA) is the Newcastle Cruising Yacht Club (NCYC).

## **2 VENUE**

**2.1** The event will be conducted from the NCYC Clubhouse – 95 Hannell Street Wickham.

**2.2** Racing will be conducted on the waters of Newcastle Harbour. The racing area will be in the vicinity of Honeysuckle Hotel – in The Basin.

## **3 RULES**

**3.1** The event will be governed by:

- a) The rules, as defined in the current Racing Rules of Sailing (RRS) of World Sailing;
- b) The Prescriptions, Amendments and Special Regulations of Australian Sailing;
- c) This Notice of Race, except in the event of a conflict with the Sailing Instructions in which case the Sailing Instructions will take precedence.
- d) RRS 44.1 is changed so that only one turn, including one tack and one gybe, is required.
- e) Add to RRS 41: (e) help to recover from the water and return on board a crew member provided the return on board is at the approximate location of the recovery.
- f) Appendix T, Arbitration, may be used.
- g) Appendix UF She Sails Open Regatta Edition applies for umpired fleet racing.

## **4 ELIGIBILITY**

**4.1** Up to eight (8) female teams will be invited by the OA.

Expressions of interest should be lodged with the OA by 1<sup>st</sup> August 2025 through completing the online form on the [event webpage](#).

Invitations will be confirmed by Friday 8<sup>th</sup> August.

**4.2** The number of crew per team (including the helm) shall be three (3) or four (4).

**4.3** All skippers and crew shall be female.

**4.4** All competitors shall be over the age of 13 on or before 30<sup>th</sup> August 2025. Evidence of age may be requested by the OA and must be submitted prior to close of registration.

**4.5** All competitors shall meet the eligibility requirements of RRS 46 by being a member of a club affiliated with Australian Sailing.

## **5 ENTRY**

**5.1** Invited teams shall complete the entry process and pay an entry fee of \$495 as specified in the Letter of Invitation. The OA may transfer the invitation to another team if an entry is not completed within fourteen (14) days of invitation.

- 5.2** Invited teams are required to accept the terms of the [Elliott 6 User Agreement](#), with attention drawn to the damage liability.
- 5.3** INSURANCE – Each supplied boat is insured by the OA for third-party liability insurance. It is recommended that each competitor have appropriate personal medical and liability insurance.
- 5.2** WITHDRAWAL – A team shall provide notice, in writing, of any withdrawal of their entry to [sailingsupport@ncyc.net.au](mailto:sailingsupport@ncyc.net.au).
- 5.4.1 Before 1<sup>st</sup> August 2025 –the entry fee shall be refunded in full, less transaction fees.
- 5.4.2 After 8<sup>th</sup> August 2025, and until 15<sup>th</sup> August 2025 – 50% of entry fee shall be refunded less transaction fees.
- 5.4.3 After 15<sup>th</sup> August 2025 – there will be no refunds.

## **6 SCHEDULE OF EVENTS**

- 6.1** The event shall be windward/leeward fleet racing format.
- 6.2** Subsequent races will be started as soon as practical after the preceding race.
- 6.3** A total of twelve races are scheduled for the series.
- 6.4** There will be a maximum of 6 races per day.
- 6.5** At least one representative from each team must attend the Compulsory Competitors Briefing each race day unless excused by the OA.
- 6.6** *The Daily Schedule will be as follows:*

<b>Day</b>	<b>Time</b>	<b>Event</b>
<b>Friday, 29<sup>th</sup> August 2025</b>	1200hrs – 1600hrs	Optional training session (bookings required. Contact <a href="mailto:sailingsupport@ncyc.net.au">sailingsupport@ncyc.net.au</a> )
	From 1800hrs	Welcome 'Bubbles' in the NCYC Clubhouse (at own expense)
<b>Saturday, 30<sup>th</sup> August 2025</b>	0930hrs – 1000hrs	Registration – all competitors must register
	1015hrs	Competitor Briefing
	1200hrs	First Warning Signal
	ASAP After Racing	'Bubbles & Nibbles' in the NCYC Clubhouse (provided)
<b>Sunday, 31<sup>st</sup> August 2025</b>	0915hrs	Competitor Briefing
	1030hrs	First Warning Signal
	1500hrs	Latest Possible Warning Signal
	ASAP After Racing	'Bubbles & Nibbles' / Prizegiving Ceremony (provided)

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## **7 SAILING INSTRUCTIONS**

- 7.1** The Sailing Instructions will be posted on the event webpage by 1200 hrs on the Monday prior to the first day of racing.

## **8 SUPPLIED YACHTS**

- 8.1** The event will be sailed in supplied Elliott 6 class yachts.  
**8.2** Up to eight (8) yachts may be provided by the OA.  
**8.3** One Mainsail, Jib and symmetrical Spinnaker will be provided with each yacht.  
**8.4** Yachts will be assigned to teams by a published rotation schedule.

## **9 SCORING**

- 9.1** The Low Point Scoring System of RRS Appendix A5.2 will apply.  
**9.2** If less than eight (8) races are sailed, no drops will apply. If eight (8) or more races are sailed, one (1) drop will apply. This changes RRS Appendix A2.1.  
**9.3** One race is required to constitute a series.

## **10 PRIZES**

- 10.1** Daily Prizes will be awarded in the Clubhouse ASAP after racing is completed and boats and equipment have been rinsed and packed away.  
**10.2** Prizes will be presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place overall at the Prizegiving Ceremony.  
**10.3** Additional prizes may be presented at the discretion of the OA.

## **11 MEDIA, IMAGES AND SOUND**

By participating in the SheSAILS@NCYC Open Regatta, competitors automatically grant the OA, their sponsors and NCYC the right in perpetuity to make use of, publish, exhibit and/or broadcast, at their discretion, any motion pictures, live or taped file or video, television productions, audio recordings or other reproductions, and photographs of him/her taken during the period of the event, in which the competitor participates, without compensation.

## **12. DISCLAIMER**

All those participating in the series do so at their own risk and responsibility. Competitors must acknowledge this prior to participating and release the NCYC and its sponsors and their respective officers, employees, volunteers and members from all liability by completing the online registration form as a part of the entry process. Specific attention is drawn to RRS Fundamental Rule 4, which states: *"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"*.

## **13 FURTHER INFORMATION**

Email: [sailingsupport@ncyc.net.au](mailto:sailingsupport@ncyc.net.au)  
Phone: (02) 4940 8188  
Web: <https://www.ncyc.net.au/inshore-racing/she-sails-open-regatta/>