

SheSAILS@NCYC Open Regatta 30-31 August, 2025

Sailing Instructions



1 RULES

- 1.1 The event will be conducted by:
 - a) The rules, as defined in the current Racing Rules of Sailing (RRS) of World Sailing;
 - b) The Prescriptions, Amendments and Special Regulations of Australian Sailing;
 - c) In the event of a conflict with the Notice of Race in which case these Sailing Instructions will take precedence.
 - d) The Elliott 6 User Agreement, available on the event webpage.
 - e) A member of the Race Committee may be a member of the Protest Committee.
 - f) The Protest Committee may take evidence in any way it considers appropriate and may communicate its decision orally.

2 DAMAGE LIABILITY

- 2.1 The damage liability is \$1000 (inc. GST) per incident and any charge shall be invoiced to the team's nominated skipper.
- 2.2 The damage liability is the limit of liability of each skipper for each single incident. In the event of damage (except normal wear & tear), the registered skipper of the damaged boat(s) will be liable for up to the amount described in SI 2.1 unless responsibility is otherwise assigned by a protest hearing or umpire decision.
- 2.3 In the event that a competitor is liable for damage, NCYC may require that the amount be paid in full before the skipper/team will be permitted to continue in the event.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the event webpage.
- 3.2 Signals made ashore will be displayed from the flagstaff located on top of the floating shed on F-arm of the marina.
- 3.3 Competitors shall attend the briefing each day in the NCYC Clubhouse unless excused by the OA.
- 3.4 When flag AP is displayed ashore, no boats will leave the dock. The first warning signal shall not be made less than 30 minutes after flag AP is removed ashore. This changes RRS Race Signals.
- 3.5 When flag D is displayed, the use of spinnakers is prohibited.
- 3.6 Handheld VHF Radios may be provided onboard each yacht. If provided, these radios should be locked on the nominated Race Frequency at full volume to allow effective communication from the Race Management Team to competitors.

4 SUPPLIED YACHTS

- 4.1 The event will be sailed in Elliott 6 class yachts.
- 4.2 The sails to be used will be allocated by the Race Committee.
- 4.3 Competitors shall not alter, reposition, or add to the standard sailing equipment as supplied by NCYC in accordance with the Elliott 6 User Agreement.
- 4.4 A boat shall hail a Race Committee Vessel if attention is required. This may be to indicate that a repair is required, or when first aid and/or emergency attention is required.
- 4.5 If a team fails to hail the Race Committee Vessel to make them aware of any outstanding maintenance required prior to the Preparatory Signal, then the Race Committee may choose to continue with a start sequence for the next race even if they are made aware later in the start sequence.

5 IDENTIFICATION & ASSIGNMENT OF BOATS

5.1 Boats will be identified by the Sail 'Number'.

- 5.2 Sail 'Numbers' (A, B, C, etc) will be randomly assigned at Registration. Sail 'numbers' are printed on Velcro patches that teams will attach to the forward end of both sides of the mainsail of the boat they are assigned. Teams will return the sail numbers to the OA at the end of racing each day.
- 5.3 Boats will be assigned at the Briefing each day.

6 SCHEDULE OF EVENTS

6.1 The schedule is as follows:

Friday, 29 th August 2025 (optional)	1200hrs to 1530 hrs	Optional training session (bookings required)
	From 1800hrs	Welcome 'Bubbles' in the NCYC Clubhouse (at own expense)
Saturday, 30 th August 2025	0930hrs – 1000hrs	Registration – all competitors must register
	1000hrs	Volunteer Briefing
	1015hrs	Competitor Briefing
	1200hrs	First Warning Signal
	ASAP After Racing	'Bubbles & Nibbles' in the NCYC Clubhouse (provided)
Sunday, 31 st August 2025	0915hrs	Competitor Briefing
	1030hrs	First Warning Signal
	1500hrs	Latest Possible Warning Signal
	ASAP After Racing	'Bubbles & Nibbles' and Prizegiving Ceremony in the NCYC Clubhouse (provided)

^{*}Note – the OA may change this schedule at any time.

- 6.2 Up to six (6) races are scheduled each day.
- 6.3 A maximum of twelve (12) races are scheduled for the series.

7 RACING AREA

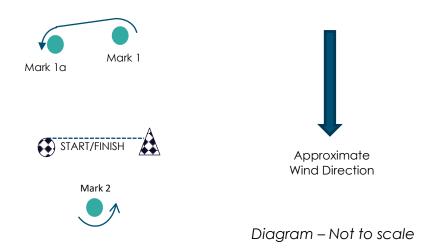
- 7.1 The intended racing area will be in the vicinity of Honeysuckle Hotel, in the Basin of Newcastle Harbour.
- 7.2 The Newcastle Cruising Yacht Club reminds competitors to make their intentions clear and avoid a collision when sailing in the vicinity of other marine and commercial traffic. This includes tugboats, fishing trawlers and recreational boaters.
- 7.3 Competitors will be required to clear the racing area and move toward the NCYC marina to keep clear of any shipping movements into and out of The Basin.

8 COURSE & MARKS

- 8.1 Marks 1, 1a and 2 will be green inflatable buoys.
- 8.2 The Start/Finish Mark will be a black & white check inflatable buoy.
- 8.3 All marks will be rounded to port.
- 8.4 The course to be sailed will be indicted by a number displayed on a black course board on the Race Committee vessel.

8.5 The course is as follows –

Course Board	Course
2	Start – Mark 1 – Mark 1a – Mark 2 – Mark 1 – Mark 1a – Mark 2 – Finish
3	Start – Mark 1 – Mark 1a – Mark 2 – Mark 1 – Mark 1a – Mark 2 – Mark 1 – Mark 1a – Mark 2 – Finish



9 THE START

- 9.1 The starting line will be a straight line between the port end Mark and an orange flag on the Race Committee vessel.
- 9.2 The Class Flag will be the Elliott class insignia on a white background.
- 9.3 A boat shall start not later than 5 minutes after her start signal.

10 THE FINISH

10.1 The starting/finishing line will be a straight line between the port end Mark and a Blue Flag on the Race Committee Vessel.

11 TIME LIMIT

- 11.1 The Finishing Window will be 10 minutes, that is, within ten minutes of the first boat to finish.
- 11.2 Boats not finishing within the time limit shall be scored Did Not Finish without a hearing (amends RRS 35 and A5).

12 PROTESTS & PENALTIES

- 12.1 Competitors must supply their own Flag B.
- 12.2 RRS 44.2 is changed so that only one turn, including one tack & one gybe, is required to exonerate a penalty.

13 SCORING

- 13.1 The Low Point Scoring System of RRS Appendix A5.2 will apply.
- 13.2 If less than eight (8) races are sailed, no drops will apply. If eight (8) or more races are sailed, one (1) drop will apply. This changes RRS Appendix A2.1.
- 13.3 One race is required to constitute a series.

14 PRIZES

- 14.1 Prizes will be awarded to 1st, 2nd and 3rd overall for the SheSAILS@NCYC Open Regatta.
- 14.2 Additional prizes may be awarded at the discretion of the OA.
- 14.3 The Prizegiving Ceremony will take place in the NCYC Clubhouse following racing.

15 MEDIA RIGHTS AND RESTRICTIONS

The conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast, for any purpose and in any media, photographs and video and audio recordings taken of boats and competitors during the event.

16 DISCLAIMER

All those participating in the event do so at their own risk and responsibility. Competitors must acknowledge this prior to competing and release the OA and its sponsors and their respective officers, employees, volunteers and members from all liability by signing a form provided by the OA.

Specific attention is drawn to RRS Fundamental Rule 4, which states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
