

SheSAILS@NCYC Development Regatta 2026

Join us May 9th on the Harbour for our annual SheSAILS@NCYC Development Regatta in the Club's fleet of Force 24 inshore keelboats.

The event aims to bring together female graduates of the NCYC Sailing Academy as well as training graduates from other local club women's sailing programs. We're aiming to support a guided transition into the racing environment all whilst creating friendships and comraderie to ensure that all competitors' sailing experiences are fun and rewarding.

Academy graduate crews will be formed from individual registrations and will be supported by one of our Academy's Skippers – crew members are encouraged to swap roles during the regatta (including helming if interested), providing opportunities to develop skills in all areas.

The event is run with a Training Session in the morning and a Racing Session in the afternoon.

The Training Session in the morning will allow newly-formed crews to practice and work on their boat handling & teamwork. This will then be followed by a Racing Session in the afternoon offering the opportunity to participate in a full regatta racing experience.



NOTICE OF RACE



1 ORGANISING AUTHORITY

1.1 The Organising Authority (OA) is the Newcastle Cruising Yacht Club (NCYC).

2 VENUE

2.1 The event will be conducted from the NCYC Clubhouse – 95 Hannell Street Wickham.

2.2 Racing will be conducted on the waters of Newcastle Harbour. The racing area will be in the vicinity of Honeysuckle Hotel – in The Basin.

3 RULES

3.1 The event will be conducted by:

- a) The rules, as defined in the current Racing Rules of Sailing (RRS) of World Sailing;
- b) The Prescriptions, Amendments and Special Regulations of Australian Sailing; and
- c) This Notice of Race, except in the event of a conflict with the Sailing Instructions in which case the Sailing Instructions will take precedence.
- d) RRS 44.2 is changed so that only one turn, including one tack and one gybe, is required

4 ELIGIBILITY

4.1 The event is open to female graduates of the NCYC Sailing Academy, and invited teams from visiting clubs. Following this if any places remain, the regatta opens up to female NCYC members.

4.2 A "Sailing Academy Graduate" is defined as any sailor who has attended a course conducted by the NCYC Sailing Academy including Start Crewing, Start Helming etc, Women's Sailing, *OutThere Sailing* or sessions of 'Discover Sailing Wednesday Racing', 'Discover Sailing Friday Twilights', Family Sailing Adventures, Frontline Sailing or a 'Discover Sailing' Experience or equivalent time-on-water experience.

4.3 The minimum age for participation is 14 years on the first day of the regatta.

4.4 An allocated NCYC Sailing Academy Skipper shall be onboard the boat at all times during the event.

4.5 The number of crew on each boat (including the allocated Skipper) shall be four (4) or five (5).

4.6 The OA will allocate individual competitors to NCYC Academy teams based on experience to equalize crews.

4.7 Crews from invited Club teams shall be formed by each club and must include a strongly-skilled and experienced team mentor.

4.8 Crew members may substitute as skipper for each race. Crew members are not required to skipper if they do not wish to. Changes to skippers may only occur between races or in the case of an emergency.

5 ENTRY

5.1 Participants may register by completing the online entry on the event webpage - <https://www.ncyc.net.au/inshore-racing/#development>

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- 5.2 Entries shall be accompanied by the applicable Entry Fee which includes: Shore-based training session, full-day access to boats, an instructive skipper, regatta gift, snacks, *Bubbles & Nibbles* presentation, and great prizes.
 - 5.3 The entry fee is 'per-person' and shall be \$135 for NCYC Academy Graduates, and \$145 for visiting participants from other clubs.
 - 5.4 Up to 24 sailors will be accepted by the OA for the event on a 'first come first served' basis.
 - 5.5 Team Allocations will be advised by the OA no later than 1700hrs Friday 8th May 2026.
 - 5.6 A "Reserve List" will be created should there be greater numbers of graduates than spaces available. A Reserve List Application will be available on the event webpage when registrations are full.

6 SCHEDULE OF EVENTS

- 6.1 The event shall be windward/leeward 'fleet racing' format.
- 6.2 There shall be a maximum of four (4) races.
- 6.3 Subsequent races will be started as soon as practical after the preceding race
- 6.5 The Schedule is attached as Appendix A

7 SAILING INSTRUCTIONS

- 7.1 The Sailing Instructions will be posted on the event webpage by 1700hrs Thursday 7th May 2026.

8 SUPPLIED YACHTS

- 8.1 The boats to be used for the series will be the Sailing Academy's Force 24 class yachts.
- 8.2 Up to six (6) yachts may be provided by the OA.
- 8.3 One Mainsail, Jib and Spinnaker will be provided with each yacht.
- 8.4 Yachts will be allocated by the OA.

9 SCORING

- 9.1 The Low Point Scoring System of Appendix A5.2 of the RRS will apply.
- 9.2 All scores will be counted; no score shall be excluded.

10 PRIZES

- 10.1 Prizes to competitors and teams will be awarded at the discretion of the OA.

11 ADVERTISING

- 11.1 As boats and equipment will be supplied by the OA, World Sailing regulation 20.4 (see RRS 8o) applies. Each boat may be required to display advertising as supplied by the OA
- 11.2 The OA reserves the absolute right to require any competitor to remove advertising displayed by competitors on clothing, equipment (while racing or attending official functions), on boats to anywhere within the boundary of the series venue which may be in contravention of moral decency or government regulation.
- 11.3 Boats shall not be permitted the right to protest for infringements of any rules regarding advertising (amends RRS 6o.1)

11.4 Competitors may be required to wear clothing displaying the event sponsors name(s)/logo(s). If required these items will be supplied by the OA and worn whilst racing.

12 MEDIA, IMAGES & SOUND

12.1 The conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast, for the purpose of promoting women's sailing and the NCYC in any media, photographs and video and audio recordings taken of boats and competitors during the event.

13 DISCLAIMER

13.1 All those participating in the series do so at their own risk and responsibility. Competitors must acknowledge this prior to participating and release the NCYC and its sponsors and their respective officers, employees, volunteers and members from all liability by completing the online registration form as a part of the entry process. Specific attention is drawn to RRS Fundamental Rule 4, which states: *"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"*

14 FURTHER INFORMATION

14.1 Email: sailingacademy@ncyc.net.au

Phone: (02) 4940 8188

Web: <https://www.ncyc.net.au/inshore-racing/she-sails-development-regatta/>

APPENDIX A

<i>Saturday 9th May 2026</i>	08:30am	Registration in the Clubhouse upstairs in <i>The Bridge</i>
	09:00 – 09:45	Crew Education – topics to be covered by the instructor using Resources Kit (provided)
	09:45 – 10:00	Rigging and Spinnaker Training (ashore)
	10:00 – 12:15	On-water Training
	12:30	Lunch in <i>The Foredeck</i>
	1:30pm	Competitor Race Briefing
	1:40pm	Prepare boats and get onto the water
	2:00pm	First Warning Signal (up to 4 races)
	4:00pm	Last Warning Signal
	4:30pm	Off water, un-rig boats
	5:00pm	<i>Bubbles and Nibbles</i> Presentation in <i>The Foredeck</i>