

# **YOUTH DEVELOPMENT REGATTA 2026**

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We are excited to welcome you to join us on the Harbour for the seventh edition of the NCYC Youth Development Regatta in the Club's fleet of Force 24 inshore keelboats.

The event will bring together youth sailors from NCYC, other club's development programs and local youth dinghy sailors and support their transition into the inshore keelboat racing environment.

Crews, formed from individual registrations, will be supported by one of our Academy Coaches/Mentor Skippers who will foster the keelboat sailing development of the youth crews and encourage them to swap roles (including helming) during the regatta – providing opportunities to develop skills in all areas.

**Saturday 21<sup>st</sup> March**



**NEWCASTLE CRUISING  
YACHT CLUB**

<https://www.ncyc.net.au/inshore-racing/youth-development-regatta/>



**NEWCASTLE CRUISING  
YACHT CLUB**



**SAILING  
INSTRUCTIONS**

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## Race Management Team

Race Officer	Alyson Gearing
Race Management Team	Sarah Howard
Mark Boat	Neale Kibble Peter Mansbridge

Thank you sincerely to our wonderful NCYC Volunteers  
for giving us your time to help run this event for our Youth Teams

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### 2026

April School Holidays	4-day Program	Tue 7 <sup>th</sup> to Thu 10 <sup>th</sup> Apr
October School Holidays	4-day Program	Tue 6 <sup>th</sup> to Fri 9 <sup>th</sup> Oct
Term 4 After School	5-week Program	Tue 13 <sup>th</sup> Oct to 10 <sup>th</sup> Nov
	5-week Program	Tue 17 <sup>th</sup> Nov to 15 <sup>th</sup> Dec

### 2027

January School Holidays	4-day Program	Tue 5 <sup>th</sup> to Fri 8 <sup>th</sup> Jan
	4-day Program	Tue 19 <sup>th</sup> to Fri 22 <sup>nd</sup> Jan
Term 1 After School	5-week Program	Tue 2 <sup>nd</sup> Feb to 2 <sup>nd</sup> Mar
	5-week Program	Tue 9 <sup>th</sup> Mar to 6 <sup>th</sup> Apr

<https://www.ncyc.net.au/youth-outthere-11-17yrs/>

# Sailing Instructions

## Youth Development Regatta

Saturday 21<sup>st</sup> March 2026

The organising Authority (OA) is the Newcastle Cruising Yacht Club,  
95 Hannel Street WICKHAM NSW 2293

### 1 RULES

1.1 The event will be conducted by:

- a) The rules, as defined in the current Racing Rules of Sailing (RRS) of World Sailing;
- b) The Prescriptions, Amendments and Special Regulations of Australian Sailing; and
- c) This Race Document, except in the event of a conflict with the Notice of Race in which case the Sailing Instructions will take precedence.
- d) RRS 44.2 is changed so that only one turn, including one tack and one gybe, is required

### 2 ENTRY

- 2.1 Teams will be allocated by the OA and will be posted on the official notice board prior to racing.
- 2.2 Each crew member shall complete the online registration process prior to racing.
- 2.3 Crew members may substitute as helmsperson for each race.
- 2.4 After the warning signal for a race, the helmsperson shall not leave the helm for the duration of that race, except in an emergency or if directed to do so by the Coach/Mentor Skipper.
- 2.5 The Coach/Mentor Skipper may retake the helm at any point during the event, including whilst racing, if they deem necessary to do so. No penalty will apply.
- 2.6 When a registered crew member is unable to continue in the event, the Race Committee may authorise a substitute, a temporary substitute or other adjustment.

### 3 COMMUNICATION WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official noticeboard which will be the online event page – <https://www.ncyc.net.au/inshore-racing/youth-development-regatta/>
- 3.2 Signals made ashore will be displayed from the flagstaff located on top of the Sailing Academy floating shed.

### 4 SUPPLIED YACHTS

- 4.1 The event will be sailed in Force 24 class yachts.
- 4.2 The sails to be used, one mainsail, one jib, and one spinnaker, will be supplied and allocated by the OA.
- 4.3 Competitors shall not alter, reposition, or add to the standard sailing equipment as supplied by the OA.
- 4.4 The sail combination to be used will be signalled from the Race Committee vessel with or before the warning signal. The signals shall have the following meaning:

Signal	Sail combinations to be used
International Code Flag 'D' 	Main and jib only
No signal	Full sails (Main, jib & symmetrical spinnaker)

### 5 IDENTIFICATION & ASSIGNMENT OF BOATS

- 5.1 Boats will be identified by the sail number.
- 5.2 Boats will be assigned by the OA.
- 5.3 Crews may be directed to swap boats whilst on-water, between races.

**6 SCHEDULE OF EVENTS**

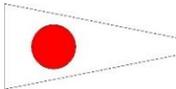
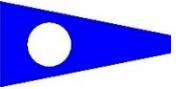
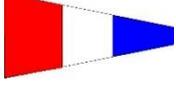
- 6.1 There shall be a maximum of four races (4).
- 6.2 Subsequent races will be started as soon as practical after the preceding race.
- 6.3 The full schedule is attached in Appendix A.

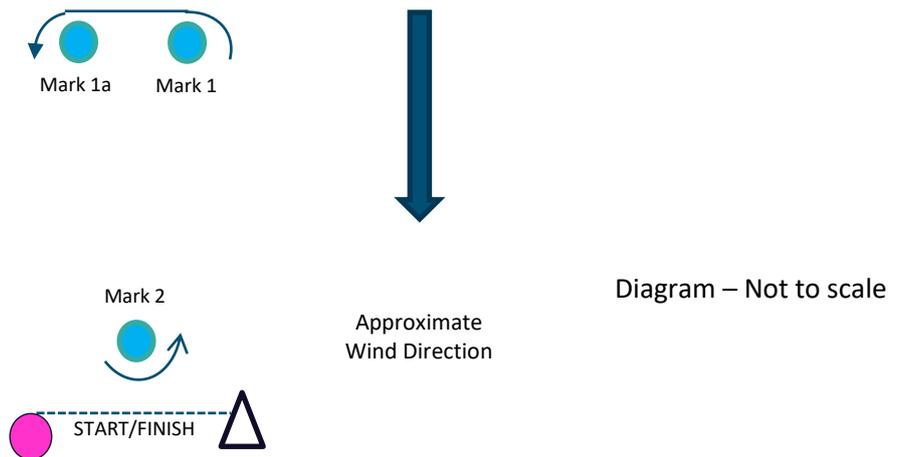
**7 RACING AREA & CONDITIONS**

- 7.1 The intended racing area will be in the vicinity of Honeysuckle Hotel, in the Basin of Newcastle Harbour.
- 7.2 Racing will be postponed or cancelled if the Race Officer records consistent readings of wind gusts of 18-knots or more.
- 7.3 Racing maybe be postponed or cancelled at a lower wind strength than stipulated in 7.2, if the combination of sea, swell, wind direction and wind conditions is deemed too dangerous by the Race Officer.

**8 COURSES**

- 8.1 The courses shall be windward/leeward configuration with a top clearing mark.
- 8.2 The course to be sailed will be signalled from the Start Boat prior to the Warning Signal.
- 8.3 The course descriptions are:

COURSE	SIGNAL	COURSE CONFIGURATION All Marks rounded to PORT
1		Start – 1 – 1a – Finish (Downwind)
2		Start – 1 – 1a – 2 – 1 – 1a – Finish (Downwind)
3		Start – 1 – 1a – 2 – 1 – 1a – 2 – 1 – 1a – Finish (Downwind)



**9 MARKS**

- 9.1 Mark 1, 1a, and 2 will be blue inflatable buoys.
- 9.2 The Start/Finish Mark will be a pink inflatable buoy.

**10 THE START**

- 10.1 The starting line will be a straight line between the port end Mark and an orange flag on the Race Committee vessel.

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- 10.2 Start signals will be made in accordance with RRS 26.
  - 10.3 The Class Flag will be International Code Flag "F". 
  - 10.4 A Handicap Start or Staggered Start may be used at the discretion of the OA and notification & handicaps will be communicated to crew verbally.

## 11 THE FINISH

- 11.1 The starting/finishing line will be a straight line between the port end Mark and an Orange Flag on the Race Committee Vessel.

## 12 TIME LIMIT

- 12.1 The Finishing Window will be 10 minutes, that is, within ten minutes of the first boat to finish.
- 12.2 Boats not finishing within the time limit may be scored their actual place at the time limit. This changes RRS 35.

## 13 PROTESTS

- 13.1 Arbitration may be implemented as per Appendix T.
- 13.2 The Protest Time Limit will be 60 minutes after the last boat finishes the last race of the racing session.

## 14 SCORING

- 14.1 There will be a maximum of four (4) races.
- 14.2 The Low Point Scoring System of Appendix A5.2 of the RRS will apply.
- 14.3 No drops will apply.

## 15 MEDIA RIGHTS AND RESTRICTIONS

- 15.1 The conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast, for any purpose and in any media, photographs and video and audio recordings taken of boats and competitors during the event.

## 16 PRIZES

- 16.1 The Prizegiving Ceremony will take place in the NCYC Clubhouse following the final race.
- 16.2 Prizes may be awarded by the OA for various categories which may include most improved, best starts, best team spirit, most improved crew work etc

## 17 DISCLAIMER

All those participating in the event do so at their own risk and responsibility. Competitors must acknowledge this prior to competing and release the OA and its sponsors and their respective officers, employees, volunteers and members from all liability by signing a form provided by the OA.

Specific attention is drawn to RRS Fundamental Rule 4, which states:

*"The responsibility for a boat's decision to participate in a race or to continue racing is his/hers alone."*

## APPENDIX A - Schedule

Date	Time	Event
<b>Saturday, 21<sup>st</sup> March 2026</b>	8:30am	Registration in the Clubhouse, on the ground floor in <i>The Foredeck</i>
	09:00am	Crew Education session – Rules, Race Management & keelboat sailing training session
	09:45am	Final Rigging of Boats and leave the dock
	10:00am	On-water Training Session
	12:30pm	Lunch in <i>The Foredeck</i>
	1:00pm	Competitor Race Briefing
	1:10pm	Prepare/Rig Boats & get onto the water
	1:45pm	First Warning Signal (up to 4 races)
	4:00pm	Latest Warning Signal
	4:30pm	Off water, unrig, stow sails and boats
	5:00pm	Celebration & Prizegiving Ceremony in <i>The Foredeck</i>

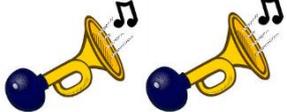
## APPENDIX B – Crew List (to be confirmed)

Boat Number	Coach/ Mentor Skipper	Crew	Crew	Crew	Crew
1					
2					
3					
4					
5					
6					

## Start Sequence

	FLAG		SOUND SIGNAL
5 minutes to start CLASS FLAG "F" Flag			
4 minutes to start "P" Flag			
1 minutes to start			
At start			

## Other Signal Flags

	FLAG	SOUND SIGNAL
Individual Recall "X" Flag		
General Recall "First Substitute"		
Postponement "Answering Pennant"		

# Different Types of Sailing Courses

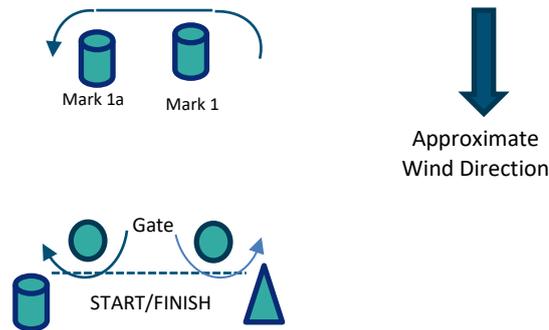
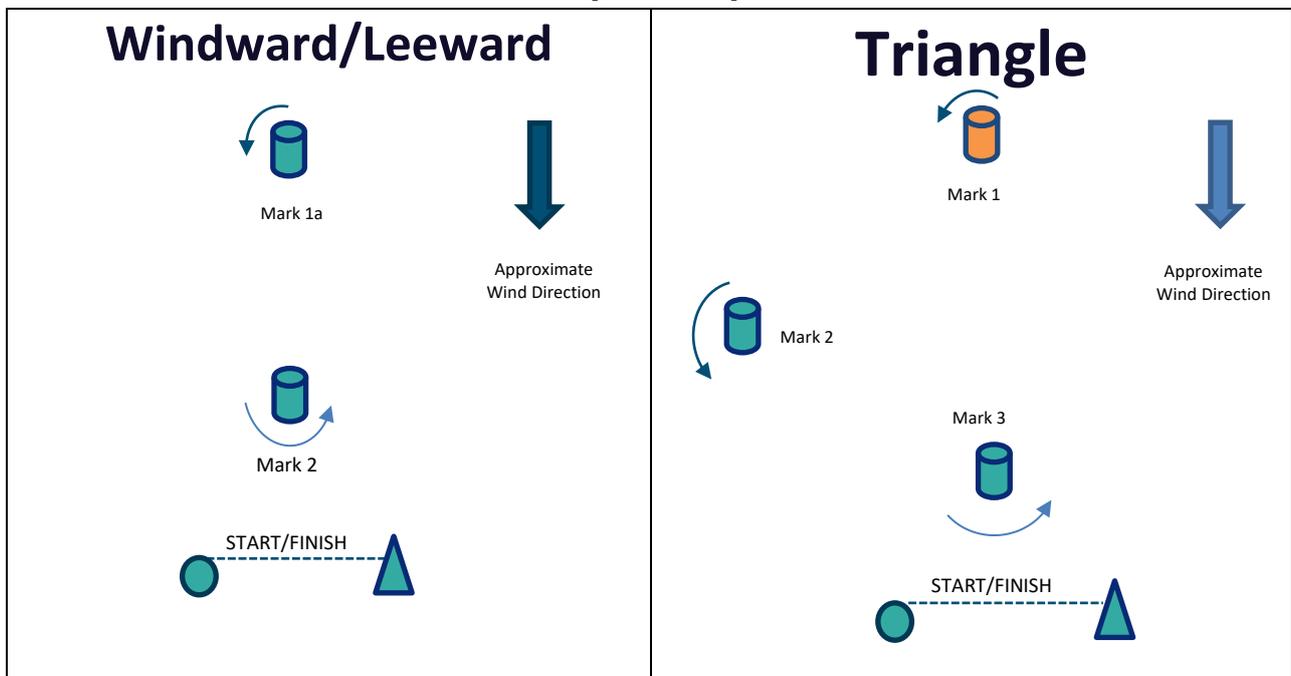


Diagram – Not to scale

## Windward/Leeward with a Gate (& clearing mark)

COURSE SIGNAL	COURSE CONFIGURATION All Marks rounded to PORT
1	Start – 1 – 1a – Finish (Downwind)
2	Start – 1 – 1a – Gate – 1 – 1a – Finish (Downwind)
3	Start – 1 – 1a – Gate – 1 – 1a – Gate – 1 – 1a – Finish (Downwind)

## Some other courses you may come across . . . .



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# Top 5 Rules

## 1. Port & Starboard

Rule 10 – “On Opposite Tacks”

*When boats are on opposite tacks, a port-tack boat shall keep clear of a starboard-tack boat.*

## 2. Windward Boat Keep Clear

Rule 11 – “On the Same Tack, Overlapped”

*When boats are on the same tack and overlapped, a windward boat shall keep clear of a leeward boat.*

## 3. Keeping Clear while Changing Course

Rule 13 – “While Tacking”

*After a boat passes head-to-wind, she shall keep clear of other boats until she is on a close-hauled course.*

Rule 16.1 – “Changing Course”

*When a right-of-way boat changes course, she shall give the other boat room to keep clear.*

*Sydney to Hobart 2017 – Wild Oats vs Comanche*

## 4. Buoy Room

*Zone – The area around a mark within a distance of three hull lengths of the boat nearer to it. A boat is in the zone when any part of her hull is in the zone.*

Rule 18.2 – “Giving Mark Room”

*When boats are overlapped the outside boat shall give the inside boat mark-room*

Rule 18 – When Rule 18 Applies

*Rule 18 applies between boats when they are required to leave a mark on the same side. However, it does not apply;*

*(a) Between boats on opposite tacks on a beat to windward*

*(b) Between a boat approaching a mark and one leaving it*

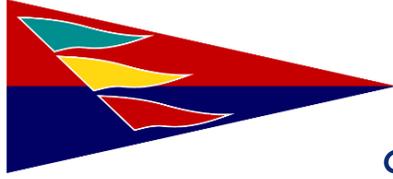
## 5. Avoiding Collisions with other boats

Rule 14 – “Avoiding Contact”

*A boat shall avoid contact with another boat if reasonably possible. However, a right-of-way boat or one entitled to room;*

*(a) Need not act to avoid contact until it is clear that the other boat is not keeping clear or giving room, and*

*(b) Shall be exonerated if she breaks this rule and the contact does not cause damage or injury*



**Hunter Academy  
of Sport**

Consider joining our winter . . .



## **Youth Keelboat Squad**

Wednesday sessions with Hunter Academy of Sport  
and Sunday sailing coaching sessions.

Youth Keelboat Regattas in Sydney.

**Squad Induction:**

**Wednesday 6<sup>th</sup> May 2026**

<https://www.ncyc.net.au/youth/>

Stay up to date with NCYC Sailing on our website

# **www.ncyc.net.au**



**Join our Club Newsletter – email: [info@ncyc.net.au](mailto:info@ncyc.net.au)**